

## Welcome to Brave Arts Summer 2021

We are so excited to begin our 13th summer! This packet contains important information about your child's **overnight session at Brave Arts** – please read thoroughly. If you have not yet, please fill out and submit the required supplemental forms via email to <u>braveartssummer@gmail.com</u> ASAP.

Due to the COVID-19 pandemic we have prepared a "Safety & Risk Mitigation Plan". Please refer to that document and the required Community Agreement for specific information regarding COVID procedures at www.brave-arts.org/current-performer-info

Please also review our <u>cell phone policy</u> with your Brave Arts kid(s)! More details regarding our technology policy for our overnight participants are included in this packet.

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**1. WHAT TO BRING TO BRAVE ARTS** – please make sure all items are labeled; a more extensive packing list is included at the end of this packet

On the first day of each session (July 18 for Training Session and July 24 for the Boarding Session) please make sure forms have been emailed by July 7 and any outstanding balances are brought to check-in. Checks can be made payable to Brave Arts or paid online via your Active.com account.

- 1. **Two water bottles** with name clearly labeled.
- 2. **Snacks are optional.** Feel free to send food for break times. Non-perishable, easy to clean up, water and juices are best. *Please no nut products for allergy safety and goldfish, cereal, etc that spill and make a mess!*
- 3. **Closed toed shoe**s sneakers work great. No flip-flops, sandals, uggs/boots or slippers will be allowed during rehearsals.
- 4. Clothes that are comfortable for dancing and movement.
- 5. **Backpacks or a bag** to carry folders/music home and back, safely store electronics, water bottle, etc.

- 6. Pencil and highlighter each day! A few extras are helpful!
- 7. Sweatshirt or long-sleeved shirt for A/C rooms
- 8. **Sunscreen and bug spray (mandatory),** other sun protection PLEASE LABEL with your child's name in a plastic baggie to be stored at Brave Arts for the duration of the session.
- 9. Hair elastics, clips, headbands etc to keep hair off your face and pulled back.
- 10. We will provide a folder for lyric sheets but some kids prefer to bring a **binder** to keep their lyrics organized.
- 11. Medication if necessary (see note below).

## **Electronics**:

While we don't ban electronics, the less the better. Our time together is about building community and being with each other. All of the dorm rooms will be locked, but there is no guarantee of security. Cell phones will be collected during teaching/rehearsal time and redistributed at the counselor's discretion on breaks. We will brief everyone about this during our first night! Please review the cell phone policy with your Brave Arts participant prior to the start.

If you need to contact your child please reach out to Sarah at 508-314-1792 first and then the contact list in this packet. Service is limited so text or email (<u>braveartssummer@gmail.com</u>) is best. Any extenuating circumstances regarding cell phone use can be brought to a counselor's attention.

## Other:

1. There will be break time so feel free to bring arts n crafts, games, sporting equipment, bathing suit & goggles, books, etc. to use during free time. We will provide arts n crafts and equipment for the whole group to use during these breaks as well.

2. Spending money – Brave Arts will provide meals on campus and a budgeted amount if we go off-campus for a meal. In past years \$25-\$30 in cash if we decide to get ice cream, snacks for the theater or movies, etc. This is discretionary by the parents/guardians and Brave Arts will cover all essential expenses for meals, tickets and transportation.

3. There will be coin-operated laundry available at the dorm. All participants are responsible for their own laundry and detergent. Please contact Sarah at 508-314-1792 or <u>braveartssummer@gmail.com</u> to coordinate a visit.

### Medication:

During drop-off please bring any prescribed medication clearly labeled with the child's name, dosage amount and any special instructions. Please clearly label all epi-pens and the allergy they are administered for. For non-prescribed medication (i.e.: Motrin, Tylenol, Benadryl etc) please let Sarah know this is packed at drop-off and whether your child can self-administer. All Brave Arts participants are strictly prohibited from bringing the following: alcohol, illegal drugs and weapons. We reserve the right to search as needed. Possession of any of the listed items will result in immediate dismissal. Additionally we ask that no rip-stick, skateboards, bikes etc. be brought.

### \*\* see complete packing checklist at the end of this packet \*\*

<u>2. DIRECTIONS TO CAMBRIDGE SCHOOL OF WESTON:</u> The GPS address for Cambridge School of Weston is 45 Georgian Road in Weston, MA 02493.

<u>3. DROP-OFF TIME & LOCATION</u>: For the training boarding session drop-off will be Sunday July 18 for the training session and Saturday July 24 for the boarding session between <u>4:00 p.m. and 4:30 p.m.</u> Our dorm this year will be the Trapelo dorm (see map #21) at CSW. Traffic flow & parking location for the dorm will be sent prior to move-in.

During drop-off we will have counselors available for check-in, to discuss any medical or allergy needs and move-in help. A liability waiver will need to be signed at this time. If someone other than a parent/guardian will be dropping off your child, please reach out to Sarah at <u>braveartssummer@gmail.com</u> ASAP.

**PICK-UP TIME & LOCATION:** For the boarding session Friday, July 30 will be move-out day following the performance. All participants must be moved out by 5:00 p.m. on Friday July 30.

VISITS & PICK-UPS: This year we are *highly encouraging* that boarding participants are with us full-time and do not leave during the week. If there is something unavoidable (ie: doctor's appt) please email <u>braveartssummer@gmail.com</u> as soon as possible. In general we ask that participants are always present during our "day" hours (9 to 3) since we will need to catch them up on missed time. Drop-off of needed items will only be allowed after 3:00 PM with a prearranged time/location. In emergency circumstances, please contact (508) 314-1792 and then any of the numbers listed in our contact section.

## 4. DAILY SCHEDULE \*subject to change

8:20-9:00 Breakfast 9:05-9:20 Warm-up activities (vocal, physical warm-up, games, etc) 9:20-10:00 Learn/rehearse music to group musical number(s) with Dan Snape 10:00-11:00 Learn/rehearse dances to group musical number(s) 11:00-11:30 Split into smaller group songs & dances 11:30-12:10 Lunch 12:10-11:5 Theatre games/activities, "workshop" of the day (i.e.: how to audition) 1:15-2:30 Small group rehearsal, review dance numbers 2:30-3:00 Review of material learned & Sharing Circle 3:00 Day session ends

*Boarding Session Only*: Please note our schedule in the afternoon/evening is flexible and subject to change, add activities, etc. Saturday and Sunday are usually completely different schedules and have a "special" activity of the day (i.e.: seeing a movie, hike, outdoor games, etc.)

3:00-4:00 Break 4:00-5:30 Outdoor activity (pool if weather permits) 5:30-6:30 Dinner 6:30-8:00 Additional rehearsal, group activity, outside games & activities, arts n crafts 8:00-9:00 Sharing circle 9:00-10:00 Hangout, movie/music, get ready for bed 10:00 Lights out

**5.** <u>MEALS</u>: Breakfast, lunch and dinner will be provided for boarding participants *only* this year. Our breakfast will be "continental style", lunch will be a choice of sandwiches and salads and dinner will be catered from surrounding restaurants.

All allergies, intolerances and special dietary needs should be filled out on the Allergies/Intolerances form in your initial paperwork packet and returned ASAP. This is vital for our food purchasing and preparation. Sarah Clancy will meet with all parents or guardians at the start of each session to collect any medicines, etc. If your child is sensitive or allergic to any foods that will prevent them from eating in the cafeteria please contact Sarah at <u>braveartssummer@gmail.com</u> or (508) 314 1792 to work out an alternative meal plan.

**6. FRIDAY PERFORMANCES:** Every Friday there is a performance of all of the material learned throughout the session. Each performer will be featured in the show. T-shirts will be handed out on Friday morning. Performance location will be on the CSW campus but exact location/audience size TBD. Information about each performance will be emailed out to you throughout the week from <a href="mailto:braveartssummer@gmail.com">braveartssummer@gmail.com</a> Please be sure to check email!

Training Session – Friday July 23 ; Performance at 1:30 PM, location TBD

Boarding Session 2 – Friday July 30; Performance at 1:30 PM, location TBD

## 7. CONTACT INFORMATION:

<u>BraveArtsSummer@gmail.com</u> <u>www.brave-arts.org/current-performer-info</u> Primary phone: 508-314-1792

Please check your email throughout the Brave Arts session for important updates. ALL emails should be sent to the Brave Arts email and not staff's personal email addresses. Please note our day sessions run from 9 AM to 3 PM and require all hands on deck. We will return any contact that is not an urgent nature after 3:00 PM

#### Keith Greenfield

Executive Director and Owner of Brave Arts (781) 858-0512

#### Sarah Clancy

Associate Director and Health Supervisor (508) 314–1792 – primary number for calls/texts if you need to reach Brave Arts

#### Abby Shannon

Head Counselor (508) 733-1820 – if you need to urgently reach us and can't reach Sarah, contact Abby! Steven Sawan Head Counselor (508) 838-0360

**Dan Snape** Music Director

Ben Kaplan, Dante D'Antonio, Sadie Vaughn, Jordan McLaughlin, Emily Rivera Counselors We are honored you have chosen Brave Arts for your child's summer experience. Our entire staff is passionate about teaching and providing an exceptional learning and growing experience on and off the stage for each child.

# Love and Peace,

# The Brave Arts Staff of 2021

# BOARDING SESSION RECOMMENDED PACKING CHECKLIST:

## CLOTHING

- Sweatshirt
- Rain jacket, umbrella optional
- Shorts/Pants athletic/comfortable for dancing, games, etc.
- Khaki, jean or solid color/non-athletic shorts or pants for performance
- T-shirts/Long sleeve shirts
- Extra socks
- Extra underwear
- Sunglasses, hat, sun protection, etc. \*we will be outside a LOT this summer
- Bathing suit, goggles, beach/pool towel(s) \*we will have pool access this year
- Sneakers, closed-toe shoes
- Dance shoes (not required!)

## SHOWER/BATH

- Toothbrush, toothpaste
- Shampoo, conditioner, face wash, soap
- Deodorant
- Bath Towels (two are recommended)
- Shower shoes i.e.: plastic flip flops
- Feminine products
- Hairbrush, elastics, clips, headbands, etc \*we require all hair to be pulled back for the performances on Friday
- Sunscreen and bug spray in a labeled plastic baggie (mandatory)

# VALUABLES/ELECTRONICS \*the less the better!

- Alarm clock and/or watch recommended \*phones will be collected and we will knock on doors in the morning for wake up but some kids prefer an alarm clock
- Chargers
- Headphones, speakers
- Protective cases and locks
- Extra spending cash (\$30 recommended for July 24-30)
- Instruments if you feel comfortable using them/storing them
- Pencils, highlighter, paper

## FOOD/SNACKS/WATER

- Labeled water bottles recommend at least 2
- Non-perishable, re-sealable snacks/drinks (microwave available for ramen cups, mac n cheese, etc). *Please do not send food/snacks containing nuts!*

#### **BEDDING/ROOM**

- Sheets for twin size bed
- Pillows
- Blankets, comforter
- Fans \*highly recommended, Trapelo dorm has A/C but it's limited and the dorm can still get warm, multiple fans are encouraged
- Bag or hamper for dirty clothes

## COVID-SAFETY RELATED

- Extra masks! Masks that you're comfortable singing/dancing in. With the warm summer temps you may want at least 2 masks per day or multiple masks that can be washed
- Personal hand sanitizer bottle, wipes if desired
- Allergy medicine \*highly recommend for anyone who suffers from seasonal, dust, etc. allergies to avoid mistaking for COVID symptoms
- Air purifier \*CSW has them stationed around campus but feel free to bring for a dorm room if you would like
- Anything that will help keep you healthy! As we've spent 16 months in masks and around other people less than usual our immune systems may need a boost.
  Vitamins or supplements, healthy snacks, allergy meds, etc.

## OTHER

- Games, arts n crafts, gimp, beads, etc. for down time (bring something you don't mind sharing!)
- Appropriate DVDs and movies (please label with your name)
- Books (e-readers ok)
- Any audition materials, songs or monologues you want to work on, etc. We want to help you with what you want to work on! If there is a song you've always wanted to learn how to sing or a scene you want to work on – bring those ideas with you
- Spending money highly recommended for training week
- Quarters for laundry, detergent, dryer sheets

